Introduction

When a delegation travels to a provincial team event, GNL can appoint a **Chef de Mission** to act as team leader. As senior leader he/she will be responsible for decision making, discipline, leadership, support to coaches and managers and act as liaison between event organizers and team members. The Chef de Mission for GNL is usually the Executive Director but at times can be another individual appointed by the Board of Directors.

Team Managers are selected based on an application process. The final selection process is made by the Chef De Mission in consultation with program representatives. Team managers have a varied range of responsibilities not limited to Chaperone, Liaison and coordinator. Managers are responsible for a designated group of athletes for all non-competitive activities. Together with other managers and the coaches they will determine daily schedules for those athletes assigned to them. Activities can include shopping, sightseeing, relaxation time and watching other NL athletes complete. However, the most important is to ensure that the athletes arrive for scheduled training and competition at designated times and to ensure the GNL Code of Conduct is adhered to.

Team Coaches are selected based on regulations outlined in the Programs Manual and named through their respected clubs. Coaches are expected to represent Team NL at all technical meetings and to communicate all information and decisions arising from the meeting to the remainder of the delegation. Team coaches will also provide support to the management team when team leaders require assistance in managing the teams activities and travel to and from the event.

Team Judges attending these events as representatives of GNL do so in a qualified, objective and impartial manner. It is imperative that other delegation members respect the need for a professional detachment from the team while still being considered full team members. Judges will be available to provide assistance to the Team coaches during training times.

The following document outlines the Team Travel Policy and expectations of team members. Please review, sign and return to GNL March 17, 2017.

Team Travel Policy and Code of Conduct (revised Sept 2016

Section 1: General Information

Welcome to Team NL. Based on your child's performance this year, they have been invited to join the provincial team for travel to out of province competitions. Please remember that this is just an invitation. You as the parent will make the final decision. You know your child best and can gage if they are ready to travel without you. Please review the following policy to ensure that you and your child fully understand the rules and restrictions for team travel.

- GNL Provincial Team will attend the Atlantic Canadian Championships (Atlantics), Eastern Canadian Championships (Easterns) and the Canadian Championships where applicable. Team members, once selected, are expected to attend all competitions they are eligible for.
- Team travel is open to any athlete born up to and including 2006. Athletes born in 2007 or later must travel independently from the team.
- All applicable forms must be completed and submitted by the registration date for the selection meet (Provincial Competition)
- All NL CWG athletes, coaches & managers will be governed by this policy.
- The coach/manager becomes responsible for the athlete as soon as it is time to check in at the airport counter. Should athletes have different travel arrangements, the safety of the athlete is completely with responsibility of the parent/guardian, until arrival with the team.
- All travel arrangements will be administered by GNL; as travel information is available it will be passed on to all clubs and parents will be informed. Athletes are required to travel with the team and all athlete accommodations shall be hotel, with the other gymnasts and coaches. An athlete may stay with their parents where permission is granted for special occasions. However, for the goals of each trip, it is highly recommended that all athletes stay with the team. Athletes will be accommodated four to a room unless otherwise stated.
- Should the athlete travel alone a letter from the parent/guardian will be required by GNL releasing GNL of all responsibility for the athlete until the points of convergence with the team manager are mutually agreed upon. Unless "special travel arrangements" are made by the parent/guardian with the airlines for example, where the athlete is under the supervision of the airline during travel, GNL shall not enter into any agreement with regard to responsibility of the athlete. There must be a point of convergence and release/acceptance of responsibility between the parent/guardian and the manager/GNL.
- When an athlete is permitted to travel other than with the team, a "Letter of Release/Responsibility" shall be signed by the athlete's parent / guardian / adult responsible and team manager prior to departure.
- All provincial team athletes are required to cost-share the expenses of team managers where GNL funding is not available. Cost-sharing shall include, but not limited to, the cost of registration, travel, ground transportation, per diem (when applicable) and accommodations as arranged by GNL. GNL will fully fund two managers to Atlantics & Eastern's and one coach to Nationals
- Athletes must wear team tracksuits for travel and at the competition venue. Provincial competition wear must be worn on the competition floor. No club colors or competition wear.
- Coaches/Managers shall be informed of any special consideration for the gymnasts that are in their care and control. Such information includes medications and schedules, medical conditions, allergies, religious practices, etc.
- All Participation Waivers and Medical Release forms for the travel competition's, must be received with the selection competition registration.

- GNL will collect 80% of travel costs up to three weeks before travel date. Clubs will be notified before provincials on the amount to collect and parents will have to ensure payment is made. Clubs will notify GNL of any unpaid travel fees at this time and GNL will inform the athlete(s) that they will not be permitted to travel. The remaining 20% will be due 7 days following being invoiced.
- All athletes, coaches, judges and parents must follow the GNL Code of Conduct.
- Failure to do abide by the Code of Conduct may result in the athlete, coach judges being expelled from the team and returned home at the parent's expense.

Section 2: Individual Expenses

- All provincial team athletes shall be responsible for their own expenses: registration, travel, ground transportation, meals and accommodations as arranged by GNL
- All provincial team athletes traveling together shall equally cost-share the cost of travel when the team is charged a group expense such as bus, ferry, air charter and ground transportation for example.
- All provincial team athletes shall equally cost-share the cost of group accommodations as arranged by GNL.
  NOTE: For some events accommodations and meals are provided for and there is a set fee per participant.
- If an athlete is returned home from a competition due to gross misbehavior or illness, the parents of the athlete shall be solely responsible for any additional costs associated with this early return, including any property damages that have occurred. The parents of the athlete will be contacted with particulars of the circumstances before final arrangements are made
- Parents will be responsible for any additional expenses incurred by their child, such as in-room movies, long distance charges, etc. Whenever possible such services will be "locked out" by the coach/manager upon arrival at the hotel.

Section 3: Athletes Code of Conduct

- Athletes are to recognize that they represent the Province of Newfoundland & Labrador as well as Gymnastics Newfoundland & Labrador (GNL) and are to conduct themselves at all times in a manner which will not reflect negatively on GNL or be disruptive to those around them.
- Smoking is not permitted.
- The consumption of alcohol is NOT permitted at any time while traveling with the Provincial team.
- The use, consumption, and/or possession of drugs are forbidden unless prescribed by a medical doctor and with the knowledge and consent of the coach.
- In competitions where drug testing is to take place (CWG, National or International events), drugs are extended to include caffeine, Sudafed, or many other over-the-counter medications, which may result in a positive drug test. It is your responsibility to know the boundaries or inform the coach of any medications to be taken.
- Athletes are to remain within the competition complex, hotel, or restaurant. The coach/chaperon must always be aware, and approve of, your location at all times.
- The authority and decisions of the Chef/Manager/Coach is final and the athlete agrees to abide by this at all times.
- When not competing themselves, the athletes shall remain within the competition site in support of their teammates, unless otherwise authorized.
- Athletes shall remain within their own hotel room after curfew and in bed after lights-out.
- **CURFEWS**
  Under 13: 9:00 in room/9:15 lights out/9:30 all quiet - 13+: 9:30 in room/9:45 lights out/ 10:00 all quiet Athletes must remain in their rooms until 8:00am unless otherwise directed by a coach or manager. The only exception to this rule will be the night of the event banquet. Lights out will be 15 minutes upon return from the banquet. NO EXCEPTIONS
- Athletes shall have available and wear the GNL team suit for all official walk-ons, medal presentations, and when traveling with GNL

- Athletes shall at all times demonstrate appropriate respect for officials, coaches, chaperones, and other competitors. Failure to adhere to these guidelines may result in disciplinary action including, but not restricted to, a reprimand, restriction of privileges, removal from the competition, being sent home from the competition, and/or suspension from the GNL team.
- Athletes shall be respectful of teammates with whom they are sharing a room. The floor is to be kept clear of clothes and debris. Clothes should be kept in the dresser & closets provided at all times and suitcases should be neatly stored in the closet. Regular room checks will take place to ensure this is being adhered to.
- Any complaints by other hotel patrons concerning a member of our team will be dealt with immediately. Depending on the severity of the matter, the athlete may be withdrawn from the competition.
- The use of foul language and or offensive behavior will not be tolerated
- The door to an athlete's room will remain open at all times if there are any visitors.
- Be respectful of property. Athletes/parents are responsible for any willful damage and or theft of property from the hotel, competition venue, and transportation facilities.

Section 4: Coaches Code of Conduct

- GNL is committed to providing an environment in which all individuals are treated with dignity and respect. All team members will show respect for their team members and support staff as well as officials, athletes from other provinces and territories and the host of the competition and the staff & volunteers.
- Coaches are to recognize that they represent the Province of Newfoundland & Labrador and Gymnastics Newfoundland & Labrador (GNL) and are to conduct themselves at all times in a manner which will not reflect negatively on GNL or be disruptive to those around them.
- Coaches must have completed the National Respect in Sport Program to be considered as a team coach.
- Coaches will follow the Coaches CODE of CONDUCT at all times.
- The team coach will be fully responsible for the athletes while on the competition floor. GNL will make every effort to ensure sufficient managers are available to supervise the athletes during competition days. Coaches' supervisory duties, when possible, will be restricted to travel days and team activities/outings.
- Smoking in the presence of team members is not permitted.
- Coaches shall not consume alcohol at any time while they are performing their official duties as a member of team NL.
- The use, consumption and /or possession of drugs are forbidden unless prescribed by a medical doctor.
- The use of foul language and or offensive behavior will not be tolerated
- Coaches shall have available and wear the GNL team suit for official walk-ons, medal presentation and when traveling with GNL.
- The authority and decisions of the Chef/Manager is final and the coach agrees to abide by this at all times.
- Coaches will know and ensure that athletes follow the GNL Members Manual and will report any infractions to the Chef/Manager in a timely manner.
- Failure to abide by these guidelines may result in disciplinary action including, but not limited to, reprimand, being sent home at your own expense and or suspension from GNL in addition to any sanctions or penalties imposed by law or other agents.

Section 5: Discipline System – General

To help Team NL members understand the code of conduct, the following Carding system will be implemented.

Yellow Card

Members who have a minor infraction will receive a yellow card from the support staff. Three Yellow cards automatically equal 1 red card

Red Card

Members who have major infractions will receive a red card from the support staff.

Athletes can receive a red card for a first offense.

Types of Infractions

Examples of minor infractions - “misconduct” which will not be tolerated

- Failing to follow the dress code
- Disturbances or disruption after quiet time at the residence
- Unbecoming conduct such as arguing, rudeness, or disrespect
- Use of tobacco products, including snuff, by minors
- Missing curfew by 30 minutes or less
- Leaving the group or being by yourself without permission
- Failure to stop a behavior when asked to
- Not following through on a behavior that you were asked to do. (i.e. meet in the lobby in 10 minutes, put your team jacket on)
- Other similar infractions of minor severity

Examples of major infractions (“gross misconduct”) which will not be tolerated

- Curfew violations exceeding 30 minutes
- Repeated disturbances or disruptions after quiet time at the residence
- Leaving hotel room after curfew
- Repeated unbecoming conduct
- Damage to rooms or property
- Use of alcohol by a minor at any time
- Use of illegal drug substances
- Giving accreditation to another individual
- Other similar infractions of major severity

Group or Team Infractions

If a situation infraction has occurred where one or more members of a group violate the code, but it is not clear who is responsible, the entire group will receive a card. An example of this is when there is a mess that no one will own up to (Yellow) or damage to a room (red).

Carry over between Team NL Events

Athletes who receive a Card at a competition, will continue to have that card at the next event. For example: An athlete receives 2 yellow cards at Eastern’s. They begin their trip to the Canadian Championships with two yellow cards. Their first minor infraction at the Canadian Championships will earn them a third yellow card and elevate them to a red card. Discipline proceedings will follow immediately.

Range of Discipline

Minor infractions

• Verbal/written apology
• Loss of privileges/early curfew
• Written reprimand
• Contact parents
• Repeated infractions become Major infractions (see “Carding” explanation)

Major Infractions

• Automatic loss of banquet privileges
• Returned to NL at parent’s expense (this can, and will be applied for the first major infraction)
• Verbal / written apology
• Loss of accreditation
• Removal from residence
• Removal from competition
• Loss of funding, present or future
• Loss of privilege to travel or participate with Team NL for a specified time frame (max. 1 year recommended)
• Removal of athlete from official competition results

Specific examples of Discipline ranges:

Disciplinary ranges – are suggestions only and the disciplinary committees are not limited to these suggestions. These examples are not necessarily in order of severity.

Breach of Curfew

- Suspension from activities and privileges
- Removal from a portion of or remainder of the competition
- Return of the offender to Newfoundland & Labrador at their own expense

Dress Code

- Suspension from certain activities and privileges
- Verbal or written reprimand
- Formal verbal apology to the Chef/ Manager
- Formal written apology to the Chef/ Manager
- Sanction from future events

Unbecoming Conduct

- Verbal or written reprimand
- Formal verbal apology to appropriate parties
- Formal written apology to appropriate parties
- Suspension from activities and privileges
- Suspension from competition
- Suspension from future competitions
- Return of the offender to Newfoundland & Labrador at their own expense

Disturbance after Curfew

- Early curfew
- Verbal or written reprimand
- Request for formal verbal apology to appropriate parties
- Request for formal written apology to appropriate parties
- Re-allocation of room assignments – charged to the athlete
- Suspension from team activities and or return offender to Newfoundland & Labrador at their own expense

Any Repeat offence

- Suspension from certain team activities and privileges
- Removal of accreditation or banquet ticket or social activities
- Removal from a portion of or remainder of competition
- Return of offender home at their own expense

Use of Alcohol/Tobacco by a team member

- Removal of accreditation
- Removal from a portion of or remainder of the competition
- Return of the offender home at their own expense

Section 6: Discipline System - Procedural

Relevance of Cards for athletes

1 yellow card 1st warning – athlete will meet with team coach and support staff

2nd yellow card 2nd warning – parents will be contacted
Athlete will meet with team coach and support staff
Some privileges may be revoked

3rd yellow card 3rd offence – Parents contacted again
Athlete may not attend banquet
Social functions may be restricted
Status is automatically raised to a Red card (see below)

1st Red card Major infraction: Discipline procedure will take effect.
Parents will be contacted
Likely removal from the competition
Likely sent home at parent's expense
Review of eligibility and funding from GNL for a time period to be determined (max.1 year recommended)

2nd Red Card Major infraction: Automatic removal from the competition
Automatically sent home at parents expense
Review of eligibility and funding from GNL for a time period to be

determined (max. 1 year recommended)

Definitions

Local Carding Committee (LCC)

Team Manager and 1 additional team NL member appointed by the manager for minor infractions (Yellow cards).

Local Discipline Committee (LDC)

Team manager, 1 additional team member appointed by the manager, and head of the delegation, for major infractions (Red Card)

Appeal Committee (AC)

Executive Director of Gymnastics NL may be contacted to strike an appeal committee.

Gymnastics NL discipline committee (GNL-DC) –

Will be defined according to GNL's policy and procedures

Hearing – a meeting with the athlete/coach in question and the appropriate committee.
Chef or Head of the Delegation may be used interchangeably
For the purpose of the discipline procedures, the word coach can replace athlete if the discipline is directed at a coach's behavior.

Scope of Discipline

Infractions or disciplines with immediate consequences will be dealt with by the LDC.
For infractions with long term implications such as future funding or future team eligibility, the LDC will make recommendations that will be followed up by the GNL-DC.

Issuing Cards

Any adult Team NL member can request that the Team manager consider issuing a card.
If the Team manager feels the complaint is valid, the LCC or LDC will meet with the athlete and hear his/her side (hearing). The LCC or LDC will excuse the athlete. The LCC or LDC will determine if a card will be given and the consequences. If a card is to be given, the Team manager will meet with the athlete, and the team (or personal) coach, to explain that the card has been given. The Team manager will follow up with related requirements, such as notifying the head of the delegation, contacting the parents, or booking flights home.
The head of the delegation will be notified of all Cards that are issued.

Principles

All infractions whether minor or major, have a procedure in place to be followed. This allows for consistency in the handling of all disciplinary matters. All participants have the right to a fair hearing. All disciplinary matters will be handled in a fair and consistent manner. In both types of infractions, the individual in question will have an opportunity to respond to the allegations.
The individual in questions will:

- Be given notice of the hearing and shall have an opportunity to address the committee
- The individual in question may be accompanied by an Advocate / coach or other adviser
- The hearing shall be held in private with the discipline committee and the individual
- The committee may request that witnesses to the incident be present at the hearing to provide evidence or act as a witness
- Time sensitive issues (which affect participation in competition), will be addressed at the Chef's discretion
- Written decisions will be given to the individual and copied to GNL

Appeals

For time sensitive issues, appeals must be requested within 2 hours of the decision. (or a reasonable time frame, depending on the situation)

- Appeals for minor infractions (Yellow cards) will be handled by the LDC
- Appeals for major infractions (Red Cards) will be handled by the AC.
- Appeals for long term consequences will be handled according to the Gymnastics NL

appeal procedures.
Costs associated with the appeal, legal or otherwise, may be charge to the appellant, if the appeal is not successful.

Removing Cards

Following the Canadian Championships or the end of the discipline period, whichever is later, athletes or coaches may apply to have cards removed.
Cards maybe removed by 2 of the following: Team Manager / Chief De Mission, Technical Chair or Senior GNL staff member.

Section 7: Information for Support Team

Relevance of Cards for Coaches:

Minor infraction (Yellow Card)

- Changing team decisions without consulting Team manager (curfew or meal times)
- Failing to train or supervise all athletes on your assigned team
- Putting club athletes ahead of team responsibilities
- Wearing club tracksuits on the competition floor
- Rude or disrespectful treatment of others

Major infraction (Red Card)

- Failing to supervise athletes when assigned to do so.
- Appearing intoxicated in the presence of athletes

For Coaches/Chaperones/Managers

- Written reprimand
- Loss of privileges/accreditation
- Loss of privilege to travel or participate with Team NL for a specified time frame
- Loss of funding, present or future (max. 1 year recommended)

Coaches

- Will follow the Code of Conduct.
- Will assist in chaperoning duties of the athletes as directed by the Team Manager / Chef.
- Will attend all awards ceremonies and banquets and, will attend all team meetings and team activities.
- Coaches will submit a written report within one week of the conclusion of the competition.

Managers/Chaperones

- Will follow the Team Travel Policy and Code of Conduct
- Must attend team meetings and Team activities
- May not leave the “group” without first checking with the Team Manager or Chef.

Section 8: Information for Parents

<u>Information for Parents:</u>

It is a requirement of these Rules and Regulations that the parent and coach bears the responsibility for preparing athletes in such a way as to leave no doubt whatsoever of precisely what conduct is expected of them when participating in any program, event or competition sponsored or sanctioned by GNL.

- Please know the Code of Conduct. Please review and explain it to your child.
- Team Travel can be both challenging and rewarding. Our goal is to build as much team cohesion as possible in a short time. It is very feasible to manage several teams of athletes.
  It becomes very difficult, if not impossible, to manage 50 individuals. With that in mind, we are asking you to support us in managing your child as a member of Team NL.
  We do not want to restrict you from accessing your child. However, we are asking you to limit visiting with your child during Team NL trips.
- **Injured/Sick Athletes**- If a child becomes ill or injured during the trip, it will be at the discretion of the managers and not the parents if that child can stay with the team. Should the injury be unmanageable by the managers, parents will be contacted and arrangements for alternate supervise will be agreed upon.

Parents please observe the following requirements

- Parents are invited to attend the team meeting prior to team NL travel for a Code of Conduct orientation with the Team Chef/ Manager.
- Athletes will sit as a team, eat as a team, travel as a team and observe the competition as a team.
- Athletes will stay in the host hotel with members of their team. Athletes are generally housed 4 per room. Whenever possible, athletes are grouped with other athletes from their team in their room based on schedule. We make every effort to ensure younger athletes, when available, have adjoining rooms with a manager/coach.
- Prior to competing, the athletes will remain as part of the team and are not able to participate in extracurricular activities (dinners, shopping or tourism) with their family.
- Parents are **not** to spend time in athlete's hotel rooms and are asked to contact the team manager before coming to the hotel. It is feasible to meet with your child in the lobby of the hotel or dormitory. Please make those arrangements with the team manager so they know where your child is at all times.
- Please let the team manager know how to contact you so you can be reached if your child requests it. Please remember that they will be very busy managing the teams and we would like to minimize the requests if possible.
- **If traveling to the competition, please book at a hotel other than where the team is staying**
- **Please support team management by not calling or texting your child between 8:30 p.m. – 9:00 a.m.**
- **Breaches of the Code of Conduct by parents, or as a result of parents will result in sanctioning against the athlete following the procedure as set out in the Code of Conduct. Any parent acting in a manner unbecoming to the spirit of sport will first be given a warning. If the behavior continues the parent will be asked to leave the competition venue. If the parent does not comply, their child will face disciplinary action.**

The following information will help make the trip more enjoyable for your child

Your child will be entering a new environment and will have to adapt to some changes. They will experience different coaches, meals, and sleeping environment. Since it is not possible for us to replicate each child's home environment, we need to help the children to adapt.

Athlete pre-requisites

In order for athletes to be prepared for this type of trip, they should have experienced some activities where they have been away from their family overnight (a sleep over with friends).
If this is the first time the athlete has ever been away from their parents, they are not likely ready to participate and enjoy the event. Please help athletes to come prepared.

Participation on the GNL travel team is by invitation and is not mandatory. As the parent, you know your child best and will be the one to determine if he/she are prepared to travel within the guidelines set out in the Code of Contact.

Code of Conduct
Declaration of Understanding for Athletes

Athletes or coaches will not be allowed to travel with the team if they do not have all forms signed and returned to Gymnastics NL or the Team Coach. **Forms must be received with the team selection competition registration.** Please make sure that you have read and understood the Code of Conduct. Here are the most important rules that all athletes must remember.

• Team NL is an environment where no alcohol or drugs will be tolerated. Any violator will be sent home immediately, at their family's expense.

• At no time is it permitted for an athlete to go in the room of an athlete of the other sex.

• All athletes must request permission from their chaperone / manager to leave the group, gym or residences. In other words, the chaperone / manager must know at all time where you are.

• Athletes may not be alone at any time. Always have a buddy with you. Your buddy must be from NL (not an athlete from another province). Depending on your age, your manager / chaperone may approve that you leave the group by yourself.

Athletes must respect curfew time as outlined in this document or as set by manager. In case of violation to any rules, disciplinary measures will be taken. The severity of the violation will determine the disciplinary measure being taken (Warning, Yellow Card, Red Card, with possibility to be sent home immediately, at the family's expense).

Athlete declaration:

I,_____, declare that I have read and understood, and agree to be bound
(athletes name)

by, the Rules of Conduct for NL Team Representatives while attending the Name of Competition

Athlete's Signature: _____ Date: _____

Parent or Guardian declaration:

I, _____parent/guardian of_____
(Parent or guardian) **(Athletes name)**

declare that I have read and understood the Rules of Conduct for N.L. Team Representatives and agree to insure that any financial obligations incurred as a result of my son/daughter violating the said Rules and Regulations shall be paid. I further declare that I have discussed the Rules and Regulations with my son/daughter and am confident he/she understands them, and agrees to abide by them. **I understand that any misconduct by a parent, or caused by the parent, will result in disciplinary actions applied to the athlete.**

Parent / Guardian's Signature: _____ Date: _____

Code of Conduct – Declaration of Understanding for Coaches and Judges

Judges or coaches will not be allowed to travel with the team if they do not have all forms signed and returned to Gymnastics NL by the set deadline. **Forms must be received with the team selection competition registration.**

As a coach, the rules below must be observed.

- The supervision of the athletes is a joint responsibility shared by the coaches and manager / chaperones. Coaches must cooperate with Team NL Staff to ensure that all athletes follow the rules of the Code of Conduct. Coaches may be asked to supervise athletes.
- Coaches must meet with the Manager to discuss any changes to the next day's schedule (medical appointments, extra training time, etc.).
- Team NL is an environment where no alcohol or drugs will be tolerated. Coaches are not permitted to consume alcohol at any time while traveling with the Provincial team. Any violator will be sent home immediately.
- Coaches and Judges must act responsively and respect the athletes' right to get a good night sleep. Noise and disturbance in hotel rooms or corridors will not be tolerated.
- Team NL Coaches and Judges must demonstrate a high sport ethic and collaborate with each other.

In case of violation to any rules, disciplinary measures will be taken. The severity of the violation will determine the disciplinary measure being taken (Warning, Yellow Card, Red Card, with possibility to be sent home immediately, at own expense).

- Team NL is an environment where drugs or display of drunkenness will not be tolerated. Judges that are of age (in the province where the competition in being held) are allowed to drink in moderation.

Coach / Judge Declaration:

I, _____ declare that I have read and understood, and
(coach / judge)

agree to be bound by the Rules of Conduct for Team NL representatives. I agree to work with the

Chef/Manager and or Chaperone to make this competition, a safe and successful trip for all Team NL athletes.

Coaches: I further declare that I have assisted my athletes in understanding the Rules of conduct and will require them to abide by these regulations._____
(Initial)

Coach's / Judge's Signature: _____

Date: _____